Rotary OF ROTARY

THE FOCUS







Secretary Rtn Dr. Vijith Nangelil (2024-25)



Special

JULY 2024



RI President Rtn. Stephanie Urchick (2024-25)



Dist. Governor Rtn. Adv. N Sundaravadivelu (2024-25)

BULLETIN OF

ROTARY CLUB OF KOTHAMANGALAM Dist 3201 Club No. 22602

> Find us at www.facebook.com/rotaryclubkothamangalam We meet every Friday 8:00 pm at Rotary Bhavan, Kothamangalam

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RI President 2024-25 Rtn. Stephanie Urchick



Rotary International President-elect Stephanie Urchick announced that the 2024-25 presidential theme is The Magic of Rotary and called on members to recognize and amplify the organization's power to save lives. "Don't misunderstand me – we are not going to end polio or bring peace to the world by waving a wand and saying some funny words," Urchick told incoming district governors at the Rotary International Assembly on 8 January. "It's up to you. You create the magic with every project completed, every dollar donated, and every new member."

Urchick, a member of the Rotary Club of McMurray, Pennsylvania, USA, said she saw the magic of Rotary on display when she was helping install water filters in the Dominican Republic. Two boys were watching as dirty water entered the filter, then ran out clean at the other end.

"One of the boys grabbed my sleeve and said, 'Show me the magic again," she said. "Obviously, the water filter wasn't magic. We worked hard to transport those filters, install them, and work with community leaders in the area to maintain them. But those boys knew that easy access to clean water would change their lives. Knowing that I played a small part in that certainly changed my life."

Prioritizing peace

Urchick urged members to champion Rotary's Action Plan, find a balance between continuity and change, and work for peace. She plans to host a presidential peace conference in 2025 with the theme "Healing in a Divided World." In addition to emphasizing peacebuilding, Urchick reiterated Rotary's commitment to eradicating polio. She urged the incoming governors to join or initiate PolioPlus Societies in their districts and do all they can to help end the disease.

Balancing continuity and change

Urchick also underscored the necessity of balancing continuity and change, both of which animate Rotary's Action Plan.

"The plan is all about building on our best ideas, not abandoning them," she said. "We face a tough balancing act. We must change ourselves and stay true to who we are."

She asked the governors to do whatever is needed to make the club experience irresistible to members.



District Governor 2024-2025 Rtn. Adv. N Sundaravadivelu

Dear President Rtn. Binu George,

Congratulations and Best Wishes to Blossom Team 2024-25 of Rotary Club of Kothamangalam, a well-established Club with Goodwill, in District 3201. I am sure under the excellent leadership of Rtn Binu George, the projects and plans in your Club will expand the reach by enhanced participation and involvement of your members.

As we get more energised on the 119 years of service by Rotary International, to humanity especially for the under privileged in the society, the service projects of your Club based on Core Values of Rotary, should definitely be inspirational and motivational to others.

We have to open more and more opportunities realising the changes the society expects from us. For that new and young leadership should also be encouraged to come forward to understand the socio-economic uprisings of the underprivileged. After Proper interaction with members, when they realise the impact of the real requirement, they will become alert and find new paths to take on enhanced responsibilities. It paves the way for successful implementation of required service projects.

It's a fact that you can do Projects in all the Avenues of Rotary, with proper interaction with members and the beneficiaries in the society.

For all these we require a strong Rotary Foundation which reaches all nooks and corners across the globe with Global Grant Projects and other Humanitarian Projects like End Polio etc. Let us increase the membership base and cause extensive increase in the Public Image of Rotary so that strengthening The Rotary Foundation with regular contributions will be much easier.

Then we can placard the world, the Magic of Rotary!

With Best Rotary Regards,

Rtn AKS Adv N Sundaravadivelu District Governor 2024-25 RID 3201

OUR CHIEF GUEST



Rtn Dr. GN Ramesh stands out in the Rotary service community with a remarkable 25-year journey. Known affectionately as Dr. GN, he is celebrated for his leadership and dedication to Rotary's mission. His distinguished career as a renowned Gastroenterologist has earned him accolades both nationally and internationally.

Dr. GN's leadership in Rotary is marked by vision, strategic thinking, and a sincere commitment to service. His contributions span local and international projects, reflecting his responsibility and passion for positive change.

GN - His Illustrious Past

GN was born on May 27, 1960, in Palakkad to late Shri K N Ganesa Kumar and Smt Visalam. He completed his schooling in Lucknow and pursued his MBBS at JIPMER, Pondicherry, where he excelled as the Best Outgoing Student. His academic journey continued with an MD in Internal Medicine from Post Graduate Medical Education and Research, Chandigarh, and a DM in Gastroenterology from the University of Delhi. In 1990.

GN The Professional

Dr. GN Ramesh is a pioneering gastroenterologist, currently heading the Department of Gastroenterology and Hepatology at Aster Medcity, Cochin. His career is adorned with numerous accolades, including the 'Inspiring Gastroenterologist Award' by the Economic Times and recognition as one of the top ten gastroenterologists in South India by The Week.

He was the member of the Governing Council of the Indian Society of Gastroenterology as well as the President of the Society of Gastrointestinal Endoscopy of India.

Dr. GN's professional contributions extend to his roles as Fellow of the Royal College of Physicians of Edinburgh and a Certified Examiner for MRCP - UK. His leadership in various medical societies and healthcare initiatives, such as the Aster Rotary Card for Health and Wellness (ARCH), and Life Saver Rotarian programs underscores his commitment to community health and preventive care.

GN - The Rotarian

Dr. GN's Rotary journey that started in 2001 as a member of Rotary Club of Cochin Metropolis, is a testament to his passionate dedication. As a Major Donor, Benefactor, and sustaining member of the Paul Harris Society, he has significantly supported Rotary's global initiatives. His leadership roles include District Director, District Chair in various capacities, and President of the Rotary Club of Cochin Metropolis. His efforts have earned him the Rotary International Presidential Citation and several other recognitions.

GN The All-rounder

Beyond his professional and Rotary achievements, Dr. GN is a Charter Member and Chairman of Cochin Backwater Round Table 131 and an active Freemason. He is involved in the Regional Sports Centre, Kochi, and is a soughtafter compere, MC, and speaker. His musical talents shine in the Rotary Music Fraternity, adding to his diverse contributions.

GN The Family Man

Dr. GN Ramesh is also a devoted family man. Married to Rtne Jayasree Ramesh since 1988, they share a life enriched by their two daughters, Er Anjali and Dr. Aarthi, and their families.

Anjali is married to Karthik, a management executive and are blessed with a son , Aarav.

Aarthi is a Pediatrician with Aster Medcity, and is married to Dr Nikhilesh, an Orthopedic Surgeon. They have a son, Nirvaan.

The Ramesh family embodies unity, resilience, and mutual support.

Assistant Governor (2024-25)



Dear President Rtn. Binu George,

I am extremely happy that you are taking charge as President of my home Club. Every year leadership changes and RI President & District Governor set the targets of the year.

I wish the team headed by Rtn. Binu George be able to achieve the objectives of Rotary and maintain excellent rapport amongst the members of the club. The energy you gained through the different training sessions will definitely help you to strengthen the club and take it to greater heights

Let's work together to show the Magic of Rotary through our Services that brings BLOSSOM in our society.

Wishing you a successful, fruitful and memorable Rotary Year 2024-2025...

Yours in Rotary

Rtn. Jibumon Varghese Assistant Governor (2024-25)



Outgoing President's Message

Dear Rotarians, Anns & Annets,

We have come to the end of another fruitful and successful Rotary Year which would never have been possible without the undivided support and motivation provided to me by the members and their families. I am wholeheartedly humbled by the support rendered by each one of you.

This year we have a put in a lot of focus on the SMILE program and nave done various projects under the same focusing primarily on education and infant care. We have started the "Rotary Independence Day Freedom Quiz" which is going to be a continuing project for years to come. We had an active participation from the schools in the district and it turned out to be a grand success. As part of our priority programs towards the field of education we supplied school bags and bedsheets to the students of Anganwadi (Ward#1), Kothamangalam. We have also installed an electric water purifier and dispenser to Sacred Hearts LP School, Ramalloor.

Under the Infant Care program, we donated Rupees one lakh worth of infant diapers to the" Mother & Child Foundation", Thodupuzha. We have also participated and contributed to the Polio Drive initiative which was conducted by the Government Hospital, Kothamangalam.

Members and office bearers actively participated and attended the various District Seminars and programs conducted by the Rotary District 3201.Weekly meetings, board meeting and family meetings were all conducted as per schedule.

This year presented a lot of challenges on the onset but we as a team were able to over ride these and go ahead with a successful Rotary Calendar Year. I also pledge my unwavering support to the incoming team of office bearers in the endeavors for a fruitful Rotary Year ahead.

In conclusion I would like to convey that it has been a truly humbling, enlightening and rewarding experience to be have served as the President, Rotary Club of Kothamangalm for the Rotary Calendar Year 2023-24 and I would like to wish the incoming President Rtn. Binu George a very successful year ahead.

Yours in Rotary,

Rtn. Sony Thomas



KNOW YOUR PRESIDENT

Rtn. Binu George, born on January 4, 1969, as the son of P.C. George and Annamma George from the Kizhakkedathu family in Kothamangalam. He has one elder sister and one younger brother. He completed his schooling at Mathirapally Government High School and St. Thomas High School, Keezhilam, and graduated with a B.Com from Mar Athanasius College, Kothamangalam.

In 1991, he joined his father's tyre business, Popular Tyres, which operates two shops in Kothamangalam and Thankalam. He is married to Priya Binu, who is also into business, Foodstream and Nirav. They have two daughters Anna Binu, graduated with a B.Tech in Computer Science and Engineering from Mar Athanasius College of Engineering, Kothamangalam, and Swarna Binu, a second-year B.Tech student at Mar Athanasius College of Engineering, Kothamangalam.

He joined the Rotary Club in 2010 and served as Treasurer from 2015-16 and Secretary from 2017-18.



KNOW YOUR SECRETARY

Rtn. Dr. Vijith Nangelil was born as the elder son of Dr. Vijayan Nangelil and Dr. Jaya Vijayan. He has one sister, Dr. Vidhya Vijayan. He is practicing as an Ayurveda doctor and is on to his family business, Nangelil Ayurveda hospital and medical college.

He is married to Dr. Chinnu K V, who is a Neonatologist. The couple is blessed with one child, Vaiga V. Nangelil doing her schooling in 7th standard.

Dr. Vijith Nangelil Joined Rotary in the year 2011 and served as Treasurer and in many other posts.

Annual Report of Activities 2023-24



Dear Rotarians, Anns & Annets,

I feel privileged to present the annual secretary's report for the Rotary Calendar year 2023-24.

Club Services:

We started off the year with the installation of the new team of office bearers helmed by President Rtn. Sony Thomas on 23rd June 2023. Our Chief Rtn. AKS. Adv. N. Sundaravadivelu graced the occasion and installed the office bearers. To commemorate the occasion an electric water purifier was donated to Scared Hearts LP School, Ramalloor as part of our community service project.

Meetings:

We have regularly conducted weekly meetings on every Friday of the month at 8pm. All scheduled board meetings have been conducted as per the Rotary Calendar where key issues were discussed and solutions arrived at. Family meetings were held at the last week of every month where post official proceedings the gathering was treated to a cultural fest followed by dinner and fellowship. We did have an outdoor meeting which was graciously hosted by Rtn. Dr. Kemthose Paul at his residence.

Governor's Official Visit- GOV:

The Governor's official visit was conducted on the 19th of January 2024 where the present District Governor Rtn. T.R. Vijaykumar graced us with his visit.

Club assembly as per protocol was conducted at 6.30 pm where club officers and respective directors conveyed their course of action and its progress to the District Governor. All concerned official documentations were handed over to the Governor.

Family Excursions:

A Rotarians one day stay over tour was organized to Vagamon and it was actively participated. A one-day tour was organized for the Anns and Annets to Alappuzha which turned out to be a fun filled event. Two family excursions were conducted during the current Rotary year. The first was a one day stay over trip to Munnar and the other was a 6-day international tour to Baku, Azerbaijan.

Observance of National Days, Onam and Christmas:

All National days like Independence Day and Republic Day was celebrated with reverence and respect to the nation. On the occasion of our Independence Day Rotary Club of Kothamangalam started a new continuing project "Rotary Independence Day Freedom Quiz" for school students. It turned out to be a grand success wherein over 30 schools from the locality participated and cash prizes were awarded to the winners.

Onam celebrations were conducted with all the fanfare and festivities. We were graced by the visit of 'Mahabali'. Post the official proceedings the members and families actively participated in the Onam games and then treated to a sumptuous Onam Sadhya.

Rotarians, Anns and Annets visited the residences of all members and sung Christmas Carols on the occasion of Christmas to spread the festive cheer. Christmas cakes were distributed to all the members at their respective residences.

<u>Classification Talks and Speaker Meetings:</u>

During the course of our weekly meetings, we had an array of speakers within the club members and visiting speakers who gave us an insight of various topics which was very enlightening. Rtn. Dr. V.R. Mani helmed two speaker meetings where he gave us insights on National Eye Donation Fortnight and an in-depth view on Rotary Showcase and My Rotary Account.

<u>Growing Family of Rotary Club of Kothamangalam:</u>

RC Kothamangalam welcomed two new members to our family fold. Rtn.Dr. T.P. Harikrishnan and Rtn.Dr. Ebin T.M. was inducted into Rotary Club of Kothamangalam during the current Rotary Year.

District & Regional Events and Meetings:

Rotary Club of Kothamangalm actively participated in all the district events, regional conferences and all concerned training seminars conducted by the Rotary District 3201.

District Awards:

Rotary Club of Kothamangalam was proudly bestowed with numerous awards for its contributions during the current Rotary Year held at the Thevarcad Convention Centre,

- 1. Outstanding Club Bulletin
- 2. Outstanding Club Administration
- 3. Award for SMILE Projects
- 4. Award for Event Participation
- 5. A special award to our member Rtn. Dr. Vinod Shankar for his contributions to the SMILE+ program.

Club bulletin:

Our club bulletin "Focus" was edited and showcased by our bulletin editor Rtn.Col. Sherry Peter. He took the initiative of starting off with the monthly Rotary Quiz in the bulletin.

Community Services & Projects:

Rotary Club of Kothamangalam co-hosted the Pulse Polio Campaign held at the Government Taluk Hospital, Kothamangalm. Financial aid as requested by the concerned authorities was handed over by President Rtn. Sony Thomas.

RC Kothamangalam donated school bags and bed sheets to the Anganwadi (Ward # 1), Kothamangalam as part of the SMILE program for Education. President Rtn. Sony Thomas, Sec. Rtn. Sunil Sajeev and concerned authorities from the Kothamangalam Municipality participated in the event.

RC Kothamangalam also donated rupees one lakh (Rs.1,00,000) worth of infant diapers to Mother& Child foundation, Thodupuzha under the SMILE program – Infant Care.

Vocational Service Awards:

Rotary Club of Kothamangalam presented the Vocational Services Award to Smt. Sminju Paulose, Headmistress of Keerampara LP School in recognition of her services to the field of education and various social causes for the benefit of the society.

Ongoing Projects:

The Ongoing projects of Rotary Club of Kothamangalam namely Rotary Yoga, Rotary Karate Club, Rotary Model Road and Rotary Traffic Island were uptodate which helped showcase Rotary in proper light to the society in which we live in.

Youth Services:

Model United Nations – MUN was co-hosted by Rotary Club of Kothamangalam at the Mar Athanasius College of Engineering, Kothamangalm. It was a two-day program which was inaugurated by PDG. Rtn. Madhav Chandran. Students from various universities across the country participated in the program.

District Reporting & Updations:

All activities and progresses of RC Kothamangalam were periodically updated in the Rotary District 3201 website before the 5th of every month.

In conclusion I would like to thank all the Rotarians, Anns and Annets of the Rotary Club of Kothamangalam for their support they had rendered during the current Rotary year,

Yours in Rotary,

Secretary, Rtn. Sunil Sajeev

BIRTHDAYS (JULY)	
1 Jithin Roy (Annet) Roy Varghese	17 Maya Jolly (Ann) Jolly .K.V.
3 Rtn. Jibumon Varghese	17 Roopa Mathew (Ann) Mathew Joseph
3 Roshni Hari (Ann) Dr. Hari Krishnan	
5 Rtn. Ebin T M	17 Adarash Sanil (Annet) Dr. Sanil Joseph
7 Mariya Bony (Ann) Bony Paul	17 Deepak Vinod (Annet) Vinod Kumar
7 Mr. Eldho Varghese (Husband) Rtn. Vineetha Cherian	19 Riya Mathew (Ann) Binu Paul
9 Abraham Basil (Annet) Basil Abraham	20 Rtn. Salim Cherian
9 Harsha Jibu (Annet) Jibumon Varghese	21 Rtn. George Mathew
10 Rtn. James Mathew	21 Geethu Salim (Annet) Salim Cherian
10 Ria Mathew (Ann) Praveen Mathew	22 Julie Biju (Ann) Biju Kuriakose
10 Paul Prakash (Annet) Prakash Kallanikkal	22 Issac Jeoju (Annet) Jeoju M Varghese
11 Anna Pratheesh (Annet) Pratheesh Philp	25 Dr. George Thomas (Annet) Prof. P. V. Thomaskutty
14 Shiny Jose (Ann) Jose Mathew	28 Mathew Jose (Annet) Jose Mathew
17 Rtn. Saju Skaria	30 Gibi Vinod (Ann) Vinod Kumar Jacob
WEDDING ANNIVERSARIES	
4. Rtn. Sunil Sajeev & Reshmi Sunil	11. Rtn. Ruben Bijy Thomas and Rachel Ruben





NEW MEMBER

Our New member, Subin Binoy hailing from Mecheril house, Mathirapilly, Kothamangalam is the elder son of Rtd Professor, Binoy Abraham (M.A College of Engineering) and Susan Lee Thomas (District Farm Superintendent at Neriamangalam Farm. He is a practicing civil engineer working in Family Business, Shades Architectural Associates dealing with design & construction of residential and commercial buildings. His life partner Mrs Leya Achu Bijoy who is an Electrical Engineering graduate from M.A College of Engineering, 2019 batch is a Systems Analyst at TCS, Infopark Kochi. He did his graduation in Civil Engineering from Cochin University of Science and Technology in 2017, did masters in Structural Engineering from University of New South Wales, Sydney, Australia in 2020.

Installation of office bearers 2023-24









International Trip to Baku



Christmas Carol programme



One Day trip



Family Meetings



Cultural programmes by Rotarians, Anns & Annets during Family Meetings











Published by Secretary, Edited by Rtn. Dr. Praveen Mathew on behalf of Rotary club of Kothamangalam, Rotary Bhavan, Thankalam, Kothamangalam

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